

Group Coaching

Connection Based Leadership Development

Individual Development Enabled by Peers

Group coaching enables individuals to pursue their unique development goals while benefiting from the diverse experiences of their peers. Research shows group coaching enables leaders to develop self-awareness, increase confidence, explore new perspectives, and build key interpersonal leadership skills.

Programs Tailored to Your Organizational Needs

Group coaching programs are designed to meet your unique organizational objectives, such as:

- **Up-leveling rising leaders** to successfully take on new roles and responsibilities
- **Leading through change** and enabling a culture shift
- **Empowering distributed employees** with the skills to collaborate and achieve organizational goals

Groups may include leaders with similar levels of responsibility, individuals from various teams and functions, or members of an existing affinity group who are looking to advance leadership capabilities.

Outcomes

The group approach encourages consistent and lasting change for the organization as leaders develop solutions that align with an organization's unique culture and priorities. Individual participants gain:

- **Awareness** of their leadership values, and the ability to leverage strengths and mitigate blind spots
- **Confidence** to lead through uncertainty, seek alternate opinions, and collaborate on novel solutions
- **Dexterity** to skillfully and thoughtfully respond rather than react to challenges
- **New strategies** for communicating and motivating teams toward their potential

ROI for the Organization

Cost-effective

Participants receive personalized coaching, curated leadership learning materials, real-world practice, and the wisdom of a professional group. All at a cost that is significantly less than individual executive coaching.

Actionable

The group coaching process builds trust quickly, enabling members to share challenges, receive constructive feedback, and actively engage in each other's success. In addition, participants put their learnings into practice in real-world situations between coaching sessions.

Customized to Support your Organizational Goals

Group coaching sessions are tailored to enable participants to draw upon their distinct experiences and expertise. This approach meets people where they are, which is critical in times of change and uncertainty.